

City of St. Louis

2003 Health and Preventive Practices Status Report from Missouri County-level Study



	County Prevalence (%)*	St. Louis Metro Region Prevalence (%)*	State Prevalence (%)*
G eneral			
Health Status (Fair or Poor)	19.6	14.1	16.9
No Health Coverage	14.6	9.6	12.3
B ehavioral Risk Factors			
Physical Inactivity	30.7 H	17.7 L	23.0
Current Smoker	27.0	26.6	26.5
Overweight (BMI 25-29.9)	30.6	33.7	35.3
Obese (BMI ≥ 30)	31.4 H	20.4	23.4
D isease and Conditions			
High Blood Pressure	29.5	29.2	28.5
High Cholesterol (35 years or older)	35.0	33.7	37.3
Asthma	16.4 H	9.1	10.7
Diabetes	10.1	7.7	7.2
Activity Limitation	19.1	16.0	17.8
C ancer Screening			
<i>Women</i>			
Never had a Mammogram	17.8	9.4	13.4
No Mammogram or Clinical Breast Exam in Last Year:			
40-49 years of age	51.8	47.4	49.4
50-64 years of age	20.2	27.3	35.9
65 and older	51.0	39.6	47.4
Never had a Pap Test:			
18-69 years of age	5.6	7.2	5.1
70 and older	8.0	3.3	6.4
No Pap Test in Last Year (18-29)	19.2	30.7	25.8
No Pap Test in Last 3 Years (30-69)	22.7	15.5	13.8
<i>Men and Women 50 Years or Older</i>			
Blood Stool Test:			
Never had a Blood Stool Test	43.8 L	61.7	57.0
No Blood Stool Test in Last Year	58.6 L	77.0	77.5
Sigmoidoscopy/Colonoscopy			
Never had a Sigmoidoscopy or Colonoscopy	52.9	45.2	49.2
No Sigmoidoscopy or Colonoscopy in Past Five Years	57.1	50.9	57.0

*Prevalence rates are age adjusted to the 2000 U.S. standard population

■ indicates that the prevalence rate is not significantly above or below state prevalence

H indicates that the prevalence rate is significantly above the state prevalence

L indicates that the prevalence rate is significantly below the state prevalence

Unless otherwise noted respondents are 18 years of age or older